

»» A District-Wide Mental Wellness Program

for Teachers, Staff, Students and Parents
2022

View us at Education4equity.com



A timely district-wide program that addresses burnout, anxiety, depression, and feelings of being isolated.

Apply now by emailing
help@education4equity.com
or calling: 310-906-0126.

Teachers

The bullseye of our mental wellness care is directed at the teachers. We hold “Speak from the heart” sessions with teachers where no question is taboo (with both private session and auditorium level role-play learning sessions). Our newly devised “Teacher Buddy System and Book Worm Groups” enrich teachers with skill sets that tackle common burnout scenarios.

According to the 2020 RAND Corporation report, one of the key items teachers requested was support from school counselors and psychiatrists/psychologists. We at Education4Equity provide a well rounded plan for teachers that ensures they have the skill sets they need to enjoy a life-long, stress free career, with a daily dose of joy in the middle of life's storms.

Our recently published book entitled "Extinguishing Teacher Burnout" is available today from us at Education4Equity.com (simply email help@education4equity.com for your own free e-copy) or from Amazon.com.



Students

We equip students with the tools they need to avoid depression, anxiety, bullying, substance abuse, and interfamily conflicts. Our bright colored, simple to read lesson plans introduce students to our mascot "Mindful Mindy", a turtle who always wins the race and is able to methodically turn pessimism into optimism every day of the week.

And with simple inoculation techniques, we train students on how to behave and think amidst active shooter scenarios (such as what occurred at Robb Elementary School in Uvalde, Texas on May 24, 2022).

We also help teachers identify student role models in their classroom who became leaders in our newly formed student program that has the motto of: "You are Special and You are Safe". We train students to both understand the evil that exists in the world while ensuring their personal perspective of life is one of joy, safety and caring.



Parents

Drawing on Marshall B. Rosenberg, Ph.D.'s research, we focus on helping parents partner with their child's teacher to effectively communicate with their students.

The Education4Equity program trains parents on how to guide their children into nonviolent communication techniques, helping parents escape subjective and reactionary approaches to dealing with their children, issuing in positive in-school transactions. Providing, both "take home" material and on campus parent cookie sessions we help parents view themselves as key partners to the academic success of their children.



Staff

We provide training material for all staff members, from Superintendents to Principals, to Office Staff, to Nurses, to Janitors and to every individual who has a part in the district's success. The atmosphere at the district is determined by these important individuals.

We at Education4Equity realize that if we can uplift the morale of just one office worker, we can secretly bring in an atmosphere of enthusiasm, hope and delight to an entire school.



How It Works

Our Mission

To equip every person in a school district with the skillsets needed to face today's isolating, depression-oriented global climate.

Our Program is Research-based

See our book entitled "Extinguishing Teacher Burnout" listed below.

Our Program is as Easy as 1, 2, 3

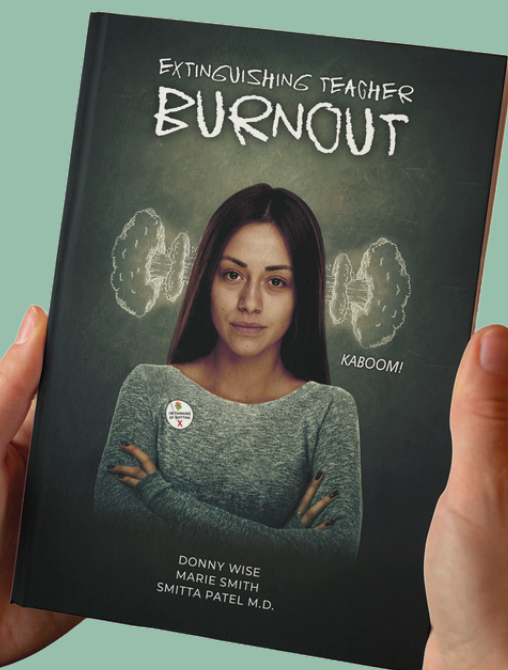
Phase 1: Deliver either an onsite presentation or an online webinar to introduce mental wellness.

Phase 2: In coordination with the district, deliver a survey to assess the as-is mental wellness state of teachers in the district for the sake of customizing our courses to the district needs. This provides a baseline that allows for us to aim at measurable improvements.

Phase 3: Provide online mental wellness training and after program reports to demonstrate the help that teachers have received from the course content.

Our Pricing

We coordinate with the district's budget and since support for mental illness is often needed in districts with families facing socio-economic challenges, we aim to deliver value to every district. Call us today for detailed pricing. Phone: 310-906-0126 or email: help@education4equity.com



Extinguishing Teacher Burnout

Email help@education4equity.com for information on how to get your own free copy.

Why Choose Us?

Our National Reach is Extensive

We have teachers taking our courses and using our products from 121 different districts across the United States. We have deeper relationships with districts in New York City, Los Angeles, Boston, Bright Star Schools, Alliance College-ready Public Schools, Garden Grove Unified School District, and Scholarship Schools.

Our Courses are Research-based

Our courses come from the work of a team of researchers who ensure that what is taught in each course delivers positive student outcomes both in and outside of the physical classroom.

Here are some comments from teachers who completed our courses:

"All content was of great value to me especially the mental aspect of health and how individuals can fall into depression. [I also appreciated] the techniques used to gain strength in mental health to live a more active life style"

- Educator who took our "Movement for Improvement course"

"Being more aware of how trauma can literally change the way our brains function is very insightful and has prompted me to be more sensitive to both my needs and the individual needs of my students."

- Educator who took our "Trauma-informed Instruction course"

We Provide Customized Solutions

A few of the many solutions that we provide districts across the nation include: customized courses, student practice tests, district dashboards with reports that show compliance to federal requirements, research-based newsletters to keep educators aware of how to engage a new generation of digitally minded students, courses that invigorated teachers during the recent pandemic, engaging assessments that test for deeper concept acquisition, (including social media components, forum entry, multiple choice, fill in the blank, drag and drop, connect and correlate, short and long answer entry, etc.) entertaining multimedia solutions that deliver lasting impressions, and robust HIPPA compliant data protection protocols.

We Make You Look Good

Our best solutions sit behind the branding of districts for the sake of seamless teacher online navigation and engagement. We also provide references that will reassure you of our expertise.

Contact Us

help@education4equity.com

310-906-0126